



Stukeley Meadows Primary School

Getting our best even better, every single day
Be Kind – Work Hard – Aim High



PSHE at Stukeley Meadows Primary School

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Intent

Our PSHE curriculum will provide children with the knowledge, skills and attitudes that they will need to effectively navigate the complexities of life in the 21st Century. Children will learn to make informed choices which will support them now and in the future around the key areas of health, safety, wellbeing, relationship and financial matters so that they become confident and active members of society.

Through high quality teaching, we develop the following essential characteristics of confident and active members of society:

- Children will develop their communication skills and confidently share their views and opinions;
- Appreciate that the knowledge and skills taught in PSHE are core to becoming a confident, independent, reflective and responsible member of an ever-changing society;
- Develop in a safe and nurturing environment by articulating their thoughts and appreciate others viewpoints may differ;
- Develop a sense of self-worth by contributing to discussions, school life and the wider community;
- Understand how to deal with modern issues and where to seek help and support;
- Build resilience and to make positive informed decisions about their lives

- To recognise that learning about PSHE enables links to be made with other subjects across the curriculum including RE, science and English;
- Learn subject specific vocabulary;
- A genuine interest in the subject, and an understanding of themselves and others so that children thrive now and in the future.

Implement

Our whole school approach to PSHE and RSE is down to the belief that success in these areas will lead to excellence across the whole curriculum. Children receive weekly PSHE lessons but we also aim to ensure that it is integrated into other areas of the curriculum and through situations that may arise.

We deliver our PSHE curriculum through the use of the Kapow Primary scheme. The Kapow Primary scheme is a whole school approach that consists of five areas of learning: families and relationships; health and wellbeing; safety and the changing body; citizenship and economic wellbeing. Each area is revisited every year to allow children to build on prior learning. The lessons also provide a progressive programme.

Impact

- Be able to recognise, understand and manage their own emotions
- Understand who they can rely on and ask for support.
- Look after their own mental health and ask for support where necessary.
- Be on their way to maintaining a healthy lifestyle.
- Recognise differences and have an understanding of diversity.
- Apply learnt skills in real life situations
- Recognise and apply the British Values
- Demonstrate self-confidence and self-esteem.
- Have developed and maintained healthy relationships with peers and adults.

- Understand the physical aspects involved in the teaching of RSE at the level appropriate to them as an individual.
- Show respect to themselves and others
- Children will have a good understanding of key vocabulary.
- Continued training and support for teachers ensuring they are the experts in the subjects that they teach.